**Internship Recruitment and Selection**

Psychology Internship Program with Primary Care Psychology Associates, LLC
Adult and Pediatric Psychology

**Psychology Training Supervisors**

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Internship Program Overview

Primary Care Psychology Associates, LLC is a private group practice of Psychologists integrated within the primary care setting at Northwestern Medical Group (Internal Medicine and Pediatrics). Northwestern Medical Group (NMG) is a multi-site practice of primary care physicians who are on the medical staff at Northwestern Memorial Hospital and faculty members of Northwestern University’s Feinberg School of Medicine. In addition to our partnership with NMG, we also have a partnership with Children’s Gastroenterology Specialists.

Our internship site offers a primary care experience under the supervision of a team of clinical psychologists who work within the Behavioral Health Consultant (BHC) model. Our psychology internship has two tracks (Pediatric Psychology and Adult Behavioral Medicine).

**Pediatric Psychology Track** - (MATCH CODE: 220311)
The pediatric psychology division of Primary Care Psychology Associates, LLC includes clinicians who provide therapy, assessment, and consultation for children, adolescents, and families in the primary care setting. As a trainee within this division, you will be exposed to a range of difficulties commonly present in children and adolescents, including depression, anxiety, ADHD, sleep difficulties, and adjustment difficulties. Training will also focus on health-related issues as they impact psychological and family functioning. In addition to therapy and psychological evaluations, trainees will have the opportunity to learn about and provide behavioral health consultations for children presenting to their pediatrician's office for a medical appointment. These consultations are an opportunity to learn firsthand about collaborating with medical staff in a primary care setting, while also providing brief behavioral health assessment and interventions for families. Training has a strong emphasis on empirically-based practice, with specific training in cognitive-behavioral family therapy and parent-child interaction therapy.

**Adult Behavioral Medicine Track** - (MATCH CODE: 220312)
The adult behavioral medicine division of Primary Care Psychology Associates, LLC includes working in a collaborative setting with Primary Care Physicians, Pediatricians, Dermatologists, Physician’s Assistants, Medical Assistants, and Nurses. Integration of services is under the philosophy of the Patient Centered Medical Home where many services are available to patients under one roof. The Psychologists and Residents working within our clinics offer therapy (individual, couples, or family) and assessment (Psychoeducational Testing, Full Psychological Evaluations, and specific diagnostic clarification) at the sites of NMPG, Southwest Pediatrics, and other facilities as Behavioral Health Consultants. Common presenting problems include, but are not limited to, depression, anxiety, adjustment to illness, life transitions, relationship concerns, managing medication compliance, and managing chronic physical illness. Throughout the year residents will build competency in interdisciplinary team functioning, skills specific to working in primary care, selecting appropriate interventions, documenting in an electronic medical record, and managing an independent clinical case load.

Our 12-month psychology internship is designed to integrate your formal academic preparation with comprehensive clinical training. The objectives of the clinical training experience are to expose interns to the following:
• Assessment, treatment, and consultation within a range of treatment modalities
• Opportunities to work with specialists in multiple disciplines (primary care physicians, nurse practitioners, psychiatrists, nurses, medical assistants, and physician’s assistants).
• A variety of theoretical orientations (e.g. cognitive-behavioral, psychodynamic, relational-interpersonal, family systems, solution-focused, ACT, Adlerian)
• Diverse developmental (children, adolescents, adults, elderly) and ethnic populations.

Interns receive a stipend of $20,000 for the 12-month training year (approximately Aug 1, 2015 – July 31, 2016). The internship year is 50 weeks, with time off on national and religious holidays, as well as allotted time for professional development. Interns are expected to work about a 40-hour week, including several evenings per week and possible Saturdays and will accumulate about 2,000 hours over the course of the year. During the year, interns’ assignments or various aspects of the program may be modified in accordance with new opportunities and needs of the medical clinics. Flexible independent transportation is required as interns’ responsibilities may be spread among several sites throughout the week.

Primary Care Psychology Associates, LLC (PCPA) is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and abides by all APPIC guidelines regarding intern recruitment and notification procedures. PCPA actively supports equal and fair recruitment and selection of psychology interns. We provide equal opportunities in training for all qualified persons and do not discriminate on the basis of race, religion, sex, national origin, age, or sexual orientation.
Clinical Services

NEW STAFF ORIENTATION:
Interns will be introduced to the primary care setting in an inviting, informative, and collaborative manner. Orientation covers general Primary Care Psychology, Pediatric Psychology, documentation training, staff introductions, and assignment of supervisors.

CLINICAL SERVICES:
- Consultation and collaboration with primary care providers
- Assessments (comprehensive evaluations including Learning Disability, ADHD, and full psychological batteries) along with timely reports.
- Assessing readiness to change, utilizing motivation interviewing techniques
- Psychoeducation of behavioral lifestyle change
- Interns’ therapy caseloads build-up to 14-20 cases (including individual, couples, or family)
- Implementation of evidence-based practices addressing mental health concerns (primarily cognitive-behavioral, family systems, ACT, mindfulness, interpersonal, and solution-focused therapy)
- Interns are responsible for all case reports, documentation of patient progress, and psychological reports

SUPERVISION:
- Interns receive 2 hours of individual supervision by 2 different licensed clinical psychologists
- Interns receive 1.5 hours of group supervision
- Interns receive 1 hour of group assessment supervision

TRAINING ACTIVITIES
- Interns receive 1 hour didactic seminar/case conference every other week. During case conferences, interns, externs, and senior staff present cases to learn from one another in a supportive and collaborative environment
- Weekly multicultural seminar lead by a PCPA staff member
- Peer supervision every other week
- Option to participation in rotation at Chicago Lighthouse for the Blind
- On a rotating basis, co-lead extern group supervision with a licensed clinical psychologist
- Participation in PCPA staff business meeting every other week

DIDACTIC SEMINAR:
- During this seminar, onsite staff or invited guests discuss topics of special interest. Past topics have included:
  - Motivational Interviewing
  - Professional Development
  - Psychopharmacology
  - Crisis Management
  - HIV
  - GLBT/Multiculturalism
Suicide Assessment
Substance Abuse
Intake Interviewing and treatment planning in the primary care setting
Functional Abdominal Pain/Somatization in kids
Parent-Child Interaction Therapy
Managing patient conflict in the medical setting
Biofeedback-assisted relaxation
Nuts and Bolts of cognitive-behavioral therapy with kids
Autistic Spectrum Disorders: Assessment & Treatment
Special Education Law & Advocacy
Transdisciplinary Treatment of Developmental Disorders (OT, Speech Therapy & Behavioral Therapy Co-Treats)
Neurological Disorders of Communication, Development and Motor Function
Executive Functioning Training & Treatment of ADHD
Pediatric Feeding Disorders
Assessment & Treatment of Child Born Premature

EVALUATION:
Formal evaluation of interns’ performance by supervisors is part of the training process and is completed twice in the training year (mid-year and at the end of the year). Formal evaluations are forwarded to the Director of Training and to the academic institution (if required). An informal evaluation will be performed by the interns’ primary supervisor within the first three months of starting internship in the interest of providing consistent and fluid guidance and feedback.
Application Requirements and Procedures

Applicants submit the APPI (https://portal.appics.org). The complete application for internship includes:

- APPIC application
- Cover letter specifying the track to which you wish to apply
- CV
- Three letters of recommendation
- An official transcript from the APA accredited doctoral program.
- One sample de-identified testing report is to be uploaded to the APPI as “supplemental materials”.
- Application Deadline is November 25, 2014.

Pediatric Psychology Track – MATCH CODE: 220311
Adult Behavioral Medicine Track – MATCH CODE: 220312

All complete applications will be reviewed and applicants will be invited for a required on-site interview. Interviews are conducted in both individual and group formats. An orientation to PCPA starts the day, followed by group and individual interviews, and an informal lunch with present interns offers the opportunity for applicants to discuss the internship. Travel to another location follows lunch where additional individual interviews are conducted. Unfortunately, we are not able to offer interviews to all applicants. If you are not invited for an interview, you will not be considered for our internship and will not be ranked in the Match. Intern applicants will be notified of match results via the Matching Program in which Primary Care Psychology Associates is participating. Interviews are conducted during the first and second weeks of January.

In order to qualify for the internship, all applicants must demonstrate that they will complete the following before the first day of the internship:

- The applicant must be matriculated in an APA-accredited academic training program.
- Evidence of at least 800 hours of supervised practicum experience
  - A Masters level practicum experience counts toward these hours, as well as experience not yet completed at the time of application.
  - The 800 hours is divided between diagnostic and therapeutic practicum training.
  - Supervision must be amply provided during these practicum experiences
- Successful completion of all doctoral coursework.

Preference is given to applicants who possess the following:

- Experience in primary care/integrated health care
- Experience in health psychology
- Strong therapy and assessment skills
- Strong critical thinking skills
• Flexibility

Please send all applicant inquiries to:

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